

| SUN                                                                                                                                                         | MON                                                                                                                                                                                                        | TUE                                                                                                                                                                                  | WED                                                                                                                                                                     | THUR                                                                                                                                                                                                                                                                                              | FRI                                                                                                                             | SAT                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                             | 10:30 Fit and Fun with Brandi (SMD)<br>10:30 <b>Ambassador Committee (CR)</b><br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>1:30 <b>Maintenance Committee (CR)</b><br>3:00 Let's Play Bingo (2A) | 10:30 Movement with Lynn Moon (SMD)<br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>2:00 <b>Patriotic Party with Marty Ruiz (1A)</b> | 10:00 <b>Current Events with Randy (CR)</b><br>10:30 Fit and Fun with Brandi (SMD)<br>2:00 <b>Lifestyles Committee (SMD)</b><br>3:00 Crossword (2A)<br>4:00 Trivia (2A) | <b>Independence Day</b><br>10:30 <b>NO EXERCISE CLASSES (SMD)</b><br>12:00 <b>Fourth of July Lunch (DR)</b><br>2:30 Scrabble Squad (CR)<br>3:00 <b>Happy Hour with Brandi &amp; Michael (SMD)</b>                                                                                                 | 1:30 Crossword (2A)<br>2:30 <b>Don Weitz on Piano</b><br>3:30 Cornhole (SMD)                                                    | 9:00 Qi-Gong with Michael (SMD)<br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Dominoes (2A)               |
| 9:15 Catholic Communion (1A)<br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH) | 10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>1:30 <b>Dietary Committee (CR)</b><br>3:00 Let's Play Bingo (2A)                                               | 10:30 Movement with Lynn Moon (SMD)<br>11:15 <b>McLean Hearing Center (CR)</b><br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)          | 10:30 Fit and Fun with Brandi (SMD)<br>2:30 <b>For Love &amp; Art (CR)</b><br>3:30 Famous Movie Quote Quiz (2A)<br>4:00 Trivia (2A)                                     | 9:30 Brain Games (2A)<br>11:00 <b>Edgemere Updates with Teresa (SMD)</b><br>2:00 <b>Crooning with Brad Ackland (1A)</b><br>2:15 <b>Bible Study with Pastor Tom (SMD)</b><br>2:30 Scrabble Squad (CR)<br>4:00 <b>Happy Hour (SMD)</b>                                                              | 10:00 <b>Ritu's Gifts (LB)</b><br>2:00 Dominoes<br>3:00 <b>Keith Schmorr on Piano (LB)</b><br>4:00 Arts and Crafts (2A)         | 9:00 Qi-Gong with Michael (SMD)<br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Courtyard Lemonade (CY)     |
| 9:15 Catholic Communion (1A)<br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH) | 10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>1:30 <b>Resident Council (SMD)</b><br>3:00 Let's Play Bingo (2A)                                               | 10:30 Movement with Lynn Moon (SMD)<br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>2:00 <b>Bobby Germany Sings (1A)</b>             | 10:30 Fit and Fun with Brandi (SMD)<br>1:15 Balloon Volleyball (SMD)<br>2:15 Orange Creamsicles (2A)<br>3:00 Crossword (2A)<br>4:00 Trivia (2A)                         | 10:30 Fit and Fun with Brandi (SMD)<br>11:15 <b>Lockhart Smokehouse BBQ (LB)</b><br>2:00 <b>Book Review with Carol Brandon - Jefferson Life Story (1A)</b><br>2:15 <b>Bible Study with Pastor Tom (SMD)</b><br>2:30 Scrabble Squad (CR)<br>4:00 <b>Happy Hour with Brandi &amp; Michael (SMD)</b> | 1:30 Crossword (2A)<br>2:30 Bakers Bunch (2A)<br>3:30 Fact or Fiction (2A)                                                      | 9:00 Qi-Gong with Michael (SMD)<br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Dominoes (2A)               |
| 9:15 Catholic Communion (1A)<br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH) | 10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>2:00 <b>Tony Macaroni Sings (1A)</b><br>3:00 Let's Play Bingo (2A)                                             | 9:30 Odds and Ends<br>10:30 Movement with Lynn Moon (SMD)<br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)                               | 10:30 Fit and Fun with Brandi (SMD)<br>1:15 <b>Health Talk with Kyle (SMD)</b><br>2:30 <b>For Love &amp; Art (CR)</b><br>4:00 Trivia (2A)                               | 10:00 <b>Perot Museum Outing (LB)</b><br>10:30 Fit and Fun with Brandi (SMD)<br>2:00 <b>Singing with Rudy Polk (1A)</b><br>2:15 <b>Bible Study with Pastor Tom (SMD)</b><br>2:30 Scrabble Squad (CR)<br>4:00 <b>Happy Hour (SMD)</b>                                                              | 10:00 <b>Alzheimer's &amp; Dementia Support Group (LaSala)</b><br>2:00 Dominoes (2A)<br>3:00 <b>Keith Schmorr on Piano (LB)</b> | 9:00 Qi-Gong with Michael (SMD)<br>11:30 Muscle & Movement with Charles (SMD)<br>2:00 Music and Movement with Tammy* (SMD)<br>3:00 Shuffleboard Checkers (SMD) |
| 9:15 Catholic Communion (1A)<br>9:45 Church Service with Pastor Tom (SMD)<br>10:30 Non-Denominational Worship Service (PAC)<br>1:30 Resident Led Movie (TH) | 10:30 Fit and Fun with Brandi (SMD)<br>12:50 Walgreens Outing (LB)<br>1:00 Dominoes (2A)<br>3:00 Let's Play Bingo (2A)                                                                                     | 10:30 Movement with Lynn Moon (SMD)<br>1:45 Grief Support Counseling Group (LaSala)<br>2:00 Music and Movement with Tammy* (SMD)<br>2:00 <b>Marek on Violin (1A)</b>                 | 10:30 Fit and Fun with Brandi (SMD)<br>1:45 Floral Arranging (2A)<br>3:00 Crossword (2A)<br>4:00 Trivia (2A)                                                            | <b>LOCATION KEY</b><br>2A - 2A<br>CR - Club Room<br>DR - Dining Room<br>1A - First Floor Activity Room<br>LB - Lobby<br>PAC - Performing Arts Center<br>SMD - Small Dining Room                                                                                                                   | TH - Theater                                                                                                                    |                                                                                                                                                                |

July 2024

Assisted Living

