

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Art Class (Laura) (AS) 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Teresa (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Walkers Walk- Charles (GS) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga - Dan (PO) 2:00 Military Series (TH) 7:30 My Senior Trip by John Reeg (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 11:30 Yoga - Harriet (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Healthy Living Talk with Kyle - What exercise can do for your brain (GR) 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR)	Independence Day 10:00 Bridge lessons with Gerri (GR) 11:00 July 4th Celebration Lunch (MD) 2:00 Born on The 4th of July Movie (TH)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Farkle Dice Game (GR) 1:00 Trader Joes** (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 4:00 Happy Hour With Doc Gibbs (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Walkers Walk- Charles (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 NEW Canasta! (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:00 Claudia Wright Apparel Shopping (PAC) 10:30 Balance & Bar - Teresa (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Walkers Walk- Charles (GS) 10:45 Men's Lunch Outing - Sammy's BBQ (OUT) 11:30 Eyewear Expo (PC) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga - Dan (PO) 2:00 Military Series (TH) 7:30 Heavenly Harp with Texas Winds (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Beaded Dreams - Jewelry Making Class (GR) 10:30 Blood Pressure Checks (L) 10:30 Dallas Museum of Arts Outing (OUT) 11:30 Yoga - Harriet (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR) 7:30 Park Cities Stamp Club (PAC)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:00 Edgemere Announcement with Teresa (PAC) 10:00 Harris Jewelry Repair (AS) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:00 Dudes and Donuts (GR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Farkle Dice Game (GR) 1:00 Walmar** (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 4:00 Bastille Day Dinner (MD)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Walkers Walk- Charles (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 NEW Canasta! (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Art Class (Laura) (AS) 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Teresa (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Walkers Walk- Charles (GS) 10:30 Ham Peach Orchard Outing (OUT) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga - Dan (PO) 2:00 Military Series (TH) 7:30 Mae West Show with Pianist (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:00 Card Making Class with Dr. Webb (AS) 10:30 Durbin Ear Clinic (CR) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 11:30 Welcome Home Luncheon - New Residents ONLY (SR) 11:30 Yoga - Harriet (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 "The Brain and Hearing Connection" Health & Wellness Presentation 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 2:15 Dish with Dining (PC) 3:00 Edgemere Choir Practice (PAC)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) 4:00 Resident Association (PAC) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Farkle Dice Game (GR) 1:00 Target** (OUT) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 2:30 Floral Club (AS) 4:00 Happy Hour with Toni Macaroni (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Walkers Walk- Charles (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 1:00 Late Nite Catechism - Performance at Eiseman (OUT) 2:00 NEW Canasta! (GR)	9:30 Body Fusion- Teresa (Aerobics Studio) 10:00 Bridge lessons with Gerri (GR) 10:30 Balance & Bar - Teresa (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays (TH)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:30 Bible Study (PAC) 10:30 Walkers Walk- Charles (GS) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga - Dan (PO) 2:00 Military Series (TH) 7:30 Edgemere Choir Performance (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Beaded Dreams - Jewelry Making Class (GR) 10:30 Blood Pressure Checks (L) 11:30 Yoga - Harriet (Aerobics Studio) 12:15 Golden Paddles - Pickleball (OUT) 1:00 Sole Mates - Charles (GS) 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR) 7:30 Park Cities Stamp Club (PAC)	9:30 Dancercise - Brandi (Aerobics Studio) 9:30 Edgemere Drug Disposal Drive! (PC) 10:00 Bridge lessons with Gerri (GR) 10:30 Agercise® Charles (Aerobics Studio) 1:00 Tai Chi - Teri (Aerobics Studio) 1:00 Trivia Games (GR) 2:00 H2O FIT - Brandi (PO) 2:00 Love & Romance Movie (TH) 2:30 Touch Town support (GR) 7:30 Bingo (GR)	9:30 Dancercise - Brandi (Aerobics Studio) 10:00 Mahjong (CR) 10:00 Alz. & Dementia Support Group - La Sala Plaza (La Sala) 10:00 Dudes and Donuts (GR) 10:30 Balance & Barre - Charles (Aerobics Studio) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Aldi** (OUT) 1:00 Farkle Dice Game (GR) 1:30 Knit Wits (CR) 2:00 Friday & Saturday Movie (TH) 4:00 National Tequila Day Happy Hour (PAC)	9:30 Body Blast (Aerobics Studio) 10:30 Open Swim Fitness (PO) 1:00 Walkers Walk- Charles (GS) 1:00 Dominoes (GR) 2:00 Friday & Saturday Movie (TH)
10:00 Catholic Communion (GR) 10:30 Church Service (Non-Denominational) (PAC) 1:00 Dominoes (GR) 2:00 NEW Canasta! (GR)	9:00 Ritu's Jewelry Sale (GS) 9:30 Body Fusion- Teresa (Aerobics Studio) 9:30 Choctaw Casino Outing (OUT) 10:00 Bridge lessons with Gerri (GR) 10:00 WoodShop Class With Gary (WoodShop) 10:30 Balance & Bar - Teresa (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Walgreens & Tom Thumb** (OUT) 1:00 Social Bridge (GR) 2:00 Musical Mondays (TH) 4:00 Current Events with Randy (GR)	9:30 Agercise® Charles (Aerobics Studio) 9:30 Golf Putting / Golf Simulator (PG) 10:00 WoodShop Class With Gary (WoodShop) 10:30 Bible Study (PAC) 10:30 Walkers Walk- Charles (GS) 11:30 Stretch & Balance - Dan (Aerobics Studio) 1:00 Farkle Dice Game (GR) 1:00 Tai Chi - Teri (Aerobics Studio) 2:00 H2O Yoga - Dan (PO) 2:00 Military Series (TH) 7:30 You're Never Too Old To Rock N Roll! (PAC)	9:30 Agercise® Charles (Aerobics Studio) 10:30 Move & Flex - Harriet (Aerobics Studio) 10:30 Blood Pressure Checks (L) 11:30 Yoga - Harriet (Aerobics Studio) 1:00 Sole Mates - Charles (GS) 1:00 Golf Simulator (Billiards Room) 1:30 GUNSMOKE WEDNESDAY (Movie Theater) 3:00 Edgemere Choir Practice (PAC) 6:30 101 Tech Classes (GR)	LOCATION KEY AS - Art Studio CR - Club Room GR - Game Room GS - Grand Staircase L - Library		MD - Medici Dining Room PG - Putting Green SR - Seminar Room TH - Theater

July 2024